

A CANDID CONVERSATION ABOUT AUTISM AND NUTRITION

Introduction: An Aqueduct, A Banquet, and A Smorgasbord

Centering: Why are we here at this time and place? Reciprocity in Learning
“Blessings for Parents” & “Beatitudes for Friends” “Persons are Gifts wrapped.”

A Divide in Positions on Autism:

Psychological vs Bio-medical

Lifelong vs Recovery

ABA vs Son Rise

Myth vs Epidemic

Assumptions about Autism & Learning & Nutrition

Autism is treatable. One may recover from autism. ARRI, v. 21, # 1

Presume and honor intelligence and competence. Piece of Plastic

Non-drug interventions can make a significant difference.

There are no experts and no magic bullet.

Change comes through commitment, knowledge, and decisions.

Our task is to enter the world of the person with autism

not the other way around. See SON RISE

Diagnosis: a ladder, not a lid.

Questions: What do you bring to this gathering? Walk-ons

What do you hope to take away from this gathering?

How many of you are parents of a child or adult with autism?

How many of you are single parents? Do you have a support system?

Autism Treatment Forum www.autism.meetup.com/229/

Ladder of Health: Optimum Health vs disease Immune system vs drugs

Toxins Doris Rapp, M.D., OUR TOXIC WORLD

David Ewing Duncan, National Geographic, October 2006

Sunny Taylor, KALEIDOSCOPE, #51, 2005

Allergies Karyn Seroussi, (Dr. Lisa Lewis)

UNRAVELING THE MYSTERY OF AUTISM

Doris Rapp, M.D. IS THIS YOUR CHILD?

Vaccines David Kirby, EVIDENCE OF HARM

Federal Claims Court Decision

Diet Dr. Bernard Rimland & Dr. Steven Edelson

26,000 Parent Survey data Dr. Lisa Lewis

DVD The Horseboy Movie, The Big Sky School, & Beautiful Son

DVD Healthy Child Healthy World 1) pesticides 2) clean safely

5 Step Blue Butterfly program 3) breathe easier

Dr. Alan Greene (200 chemicals) 4) healthy food

Dr. Phil Landigren 5) use plastics wisely

Q & A & Break to examine resources, to talk to others, to gather questions

DVD “The Real Dirt on Clean,” Cindy Latham & Sloan Barnett

The bleach story, Doris Rapp M.D.

Vaccines Diets Supplements

Q & A Resources Handout

Nettie Hartsock “On the Migration of Autism and Butterflies”

The 4 R’s: Richard, Raun, Rohan, Rowan Past to Future

SON RISE “The Learning Tree of Autism”

Attitude: “To Love Is to Be Happy With”

“The quest for understanding requires that we give up the search for certainty and go on a voyage of discovery.” John Dunne

APPROACHES:

Nutrition: Strengthen immune system, address deficiencies with supplements and food Diets

Remove Toxins from the Home Environment and the individual:

HYPOTHYROIDISM TYPE 2, Mark Starr, M.D., Ch. 12, mstarrmd@aol.com

Great Plains Laboratory (Kansas) The Thoughtful House (Austin)

My Care Clinics (Austin) Dr. Amy Yasko (Maine) & Dr. Gary Gordon

Son Rise (The Option Process) (Sheffield, MA), , www.autismtreatmentcenter.org

Auditory Integration Therapy (Roxbury, CT), & Applied Behavioral Analysis (ABA)

Relationship Development Intervention (RDI) (Houston)

Rapid Prompting Method (Austin), http://www.halo-soma.org/about_board.php.

NeuroSensory Centers of America (Austin), www.neurosensorycenters.com

A PARTIAL LIST OF HELPFUL WEB SITES:

Autism Research Institute, www.autism.com, Steve Edelson, Ph.D.

Healthy Child Healthy World, www.healthychild.org, 1992

Dr. Rosa Martinez, <http://www.rcm-autism-notebook.com/WAAD-PhotoGallery.html>

Autism Today, www.autismtoday.com, THE OFFICIAL AUTISM 101 MANUAL

Casiquet, www.casiquet.org, www.taap.info, www.909shot.com

Disability Is Natural, www.disabilityisnatural.com & Easter Seals

The Thoughtful House, Andrew Wakefield, M.D. www.thoughtfulhouse.org

My Care Clinics, www.mycareclinics.com; Son Rise, www.autismtreatmentcenter.org

Autism Treatment Forum, www.autism.meetup.com/229/, Dianne Doggett

Autism Self-Advocate E-Store, www.williamstillman.com

Lisa Lewis, Ph.D., www.autismndi.com, Future Horizons, www.futurehorizons-autism.com

Sunny Taylor, artist, www.sunnytaylor.org & www.miltoxproj.org

Great Plains Laboratory, www.greatplainslaboratory.com

Film List & Film Course, www.autistic-people.com/autism-movies, rbecker64@aol.com

The Horse Boy Movie, www.horseboymovie.com; L. Rokert Keck, Healing as a Sacred Path

The Big Sky School, www.bigskyfarm.4t.com & Natures Place naturesplace@aol.com

Arizona State University, www.eas.asu.edu/autism/advice, Prof. James B. Adams

Annabel Stehli, auditory integration, www.georgianainstitute.org

Heart Beats, www.heartbeatscatalog.org; Lokelani ‘Ohana, www.lokelaniohana.org

The Indigo Heart Evolution of Humanity, www.indigoheart.net

“Autism and Nutrition,” rbecker64@aol.com, “Living in the Spectrum” CD

Julianne and Don King, *Beautiful Son DVD* www.beautifulson.com

Kim Marie Lesso, Back in My Arms, www.autismguru.com; & www.townsendletter.com, April, 08

NeuroSensory Centers of America, www.neurosensorycenters.com; Biomodulator, www.senergy.us

BrainWise Neurofeedback & Wellness Center, www.brainwisetherapy.com

ADD YOUR FAVORITE RESOURCES TO SHARE:

“But this is one of the things that love is called upon to do: To affirm and sustain the seed in a fellow human being even though no tangible evidence has been given of the nature and quality of the seed that is growing there. Love is needed while the seed is still a potentiality....In this sense, the capacity to love depends upon the capacity to feel the reality of the future before it has tipped its hand, before the seed has disclosed itself, and while there is still no more specific basis for judgment than a feeling that links the depths of one person to the seed depths of another. Love depends upon the capacity to reach beneath the surface of persons, to feel and touch the seed of life that is hidden there. And love becomes a power when it is capable of evoking that seed and drawing it forth from its hiding place.”

Ira Progoff THE SYMBOLIC AND THE REAL.

TO LOVE IS TO BE HAPPY WITH, Barry Neil Kaufman

Laurence A. Becker, Ph.D. rbecker64@aol.com, 512-454-4489 Austin, Texas